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\*\*\* FOR IMMEDIATE RELEASE \*\*\*

## QCV Holds School Training Session for Appomattox County

**Charlottesville, Virginia** (8/11/2014) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report a USTA School Tennis training session was recently held for all four of the public schools in Appomattox County. The session was led by Shannon Scarvey, School Tennis Coordinator for Virginia with an assist from Catalina Brockland, Community Tennis Manager for the USTA/Mid-Atlantic Section. Cheryl Crews, PE teacher at Appomattox Primary School, organized the training.



Lynda Harrill, QCV QuickStart Tennis Coordinator, says, “Appomattox was the last county added to QCVs Service Area and the last of our counties that needed to be trained. It’s always FUN to introduce the QuickStart format to new PE teachers, and they were a very enthusiastic group, but I was a little sad, since it’s our last county. We’ve now accomplished our goal of jumpstarting tennis in schools in 23 counties and the City of Charlottesville. Looking to the future, QCV plans to focus on getting the Go Bananas! nutrition message out to more kids as well as helping local instructors,

coaches and volunteers build a pathway of tennis programming for kids in their communities. We also will work with schools that have large populations of disadvantaged and at-risk kids to take them to the 'next level' as we have already done with five schools. We still have lots to do in our 23 counties!"

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QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in 23 counties and one independent city in central Virginia for all beginners, especially underserved youth.

QCV's Service Area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Greene, Greensville, Halifax, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Prince Edward, Powhatan and Rappahannock counties and the City of Charlottesville, where we serve 140 schools with 67,000 kids, three Boys & Girls Clubs and two YMCAs.

Visit QCV at: [www.quickstartcentral.org](http://www.quickstartcentral.org)



*A racquet in every hand! A smile on every face!*



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